



JAN 2022 ROOD REVIEW

WHY *"Do Good"* WHEN YOU CAN "DO BETTER"

I DON'T LIKE TO STOP AT JUST "GOOD ENOUGH" NEITHER DID YESHUA

After a day of teaching in Beit Saida on a late summer afternoon in 27 CE, Yeshua could have heeded the small-minded advice of his disciples, sending the crowd of 5,000 men plus women and children to fend for themselves at suppertime. But that's not who our Messiah is. He sat them down and fed the whole group with five barley loaves and two fish (and there were 12 baskets full of leftovers). This, my dear Torah fan, is the quintessential model of doing things "better."

The Almighty has called me for a very specific message, regardless of its popularity or lack thereof. When I teach, I share what I've been given, not a pre-packaged message; to me, that's doing things "better." In fact, the first thing I ask a potential Shabbat Night Live guest when they come into our studios is, "Why are you on this earth? What message has Heaven called you to give?" There's no reason to have guests on a show (or even have a show) if you're not going to do it "better." We represent the King of Kings; we are obligated to "do better."

We don't pump out another episode of Shabbat Night Live just to get it out there. We work to make it better than anything else. "Try harder; push the envelope," I tell my staff. We want to squeeze every last ounce of creativity into the production value and editing of these teachings so that whoever is watching will stop in their tracks and have their life transformed by a truth they've never imagined. We "do better" by committing to having better staff, better computer programs, better equipment, and better ministry practices.

Will you join us in our challenge to "do better?" None of this happens without you, and it's your generosity that allows us to strive to go beyond "good enough." Like the Messiah did that summer afternoon, we want to feed multitudes with the greatest of stories. If you can help us, please do. And in your own life, think about how you can go from "good enough" to "better." Send us a message telling us what you did. We love to hear from you.

See you when the smoke clears,



Michael Rood

The Healing POWER of Vitamin with Scott Laird, ND



For the last few years, I have included 2,000 to 3,000 mg of vitamin C in my daily routine (divided into 1,000mg doses throughout the day to maximize absorption). It may sound like a lot, mainly because we are conditioned to accept the “% Daily Value” we read on the “Nutrition Facts” panels on packaged foods. Incidentally, it only takes a miniscule 90 mg per day to achieve the “100% Daily Value” of vitamin C.

So why take 3,000 mg?

What most people do not realize is that those “Daily Value” percentages are just enough to avoid a deficiency. If a person is already deficient in a certain nutrient, ingesting enough to reach 100% is not going to help the deficiency. These recommendations are, essentially, just enough to keep a person alive! Yet, in today’s nutrient-draining, stress-filled world, most people are deficient in at least one nutrient or another — and vitamin C is an extremely important one! It heal bruises, wounds, fractures, and scar tissues, strengthens blood vessels, supports a healthy appetite and stable moods, and supports a regular heartbeat, good digestion, and healthy levels of hemoglobin.

One study showed that women who supplemented with vitamin C for more than ten years had a 42% reduced risk of developing breast cancer. And higher vitamin C intake produced a 65% reduction in risk of cancer of the cervix. Even pancreatic cancer, one of the deadliest malignancies known, was shown to be 33% less likely in those with higher blood levels of vitamin C. In fact, Dr. Thomas Levy, in his book *Primal Panacea* holds the opinion that vitamin C has the potential to eradicate cancer altogether.

Ironically, as all-powerful as vitamin C may seem to be, it is very fragile when exposed to heat. So, processed foods and cooked foods that contained vitamin C before they were cooked or processed likely won’t have much benefit. Rule of thumb? **Eat foods rich in vitamin C raw, and make sure that any vitamin C supplement comes from a whole food source. If it does, it will say so right on the supplement facts panel.**

GOT HEALTH QUESTIONS? SCOTT HAS ANSWERS!
Email your questions to ScottLaird@MichaelRood.tv



HOW TO SOCIAL MEDIA


BY CHRIS CLARK, SOCIAL MEDIA MANAGER





Big Tech platforms like Facebook, Twitter, Instagram, and YouTube are battlegrounds. Political talk is heavily censored. Health topics are heavily censored. Even matters of faith are being censored – but this is not a time to lie down and give up. We have not lost the war, and we should not surrender.

 On the contrary, now is the time to build up the ammunition of truth, and if Big Tech platforms are the battleground, alternative platforms are the military bases. This is where we can gather together to share intel from reliable sources, train each other in Torah, and rescue hostages in Churchianity!

There are some good, alternative social media platforms, which we share on ARoodAwakening.tv/SocialMedia. There are also some good, alternative news platforms, which we share in the us-world-news channel and the health-news channel in our Discord community: ARoodAwakening.tv/Discord

Discord is a censorship-free platform where we created a Hebrew Roots Community so that Torah-observant Messianic believers from around the world could communicate freely outside the control and censorship of Big Tech social media. Currently we have 700+ members in our community and anyone is welcome to join us for prayer, fellowship, questions, news, updates, and general conversation, 24/7. 

 Never been on Discord? It's easy to sign up! Just go to ARoodAwakening.tv/Discord and enter a user name. Then, enter your birthday (to confirm you're over 18). Finally, enter an email address and a password. You will receive an email with a link to verify your email address. Now you're all set and ready to enter our Hebrew Roots Community!

You can use Discord in your web browser, or you can download the Discord desktop app from <https://discord.com> and you can download the Discord app on your phone or tablet as well. Once you are in Discord, we have information channels with instructions for using Discord, and we have moderators available to assist you as well. See you there! 

ONLINE EVENT

WATCH FOR DETAILS ON
PASSOVER: T
MARCH 18

YEHOVAH IN ACTION

We love to pray with you

AND WE LOVE TO HEAR THE RESULTS, TOO! HERE ARE JUST A FEW OF THE AMAZING SITUATIONS IN WHICH THE ALMIGHTY HAS INTERVENED IN THE LIVES OF ROOD FANS LIKE YOU!

"I owned a construction company years ago that did very well, and then, YeHoVaH called me into full-time ministry. I understand all too well that when a ministry leader is out of sight, donations fall off. During my time as a minister, my wife and I adopted a family of five children, the oldest one being 10. As you can imagine, this caused me to be away from the ministry often. So, I had to start another construction business to take care of my family. My company is still thriving today and I intend to keep supporting A Rood Awakening! International as long as possible and increase my support as I can! I lead my ministry from watching and learning from Michael!" - Rick W.

"My wife and I went to a home show this past weekend and I was wearing my 'YeHoVaH' t-shirt. A fellow came up to me and commented on my shirt. I asked if he knew what it meant. He did because he was Jewish. When I gave him one of Michael's Red Sea Crossing cards, he asked me about the photo on the card. He told me that it was part of the old temple wall and further explained the archery holes in the stonework. His mother's house is in the immediate vicinity of that wall! When I walked past another person who saw my shirt and asked if I was Jewish, I told her that I was a follower of Yeshua Messiah - a Divine appointment!" - Jeff S.

"I recently married a man with different beliefs than mine. When I introduced him to Michael Rood through the 'Michael Rood Exposed' video, it brought him to tears because he and Michael share similar stories from the US Marine Corps. Now he can't get enough of Michael Rood and A Rood Awakening! International! They both say 'Thank You' for everything." - Susan R.

Share your testimony of YeHoVaH's love with the world!

Post your story at ARoodAwakening.tv/Testimonies
or call 888.766.3610

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Shabbat
NIGHT LIVE
with Michael Rood

IT'S NO LONGER A SECRET. WORLD EVENTS ARE LINING UP WITH THE BOOK OF THE REVELATION IN LOCKSTEP. THOSE WITH THEIR SPIRITUAL EYES OPEN ARE WARNING US TO GET READY AND THOSE WHO ARE WISE WILL LISTEN.

Emergency preparedness is always a good idea – but now it's a necessity. In "Revelation Preparation" you will learn from experts on how to feed your family, what you need in order to communicate with them, where to invest for financial stability, and who to watch in a global agenda that is ushering in the end times.

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THE GOSPEL OF JAMES

with Dr. Miles Jones

OUT OF ALL THE GOSPEL ACCOUNTS, NOT ONE WAS WRITTEN BY A RELATIVE OF YESHUA – AT LEAST NOT ONE THAT WE HAVE IN TODAY'S BIBLE.

There are, in fact, many Gospel accounts that never made it into our modern Bibles, the most significant of which was written by James, the brother of Yeshua. But aside from his relation to the Messiah, James's account is most significant for its clarification about the young life of his cousin: Jochanan, also known as John the Baptist.

Dr. Miles Jones explains the details of James's fascinating accounts of John, the murder of John's father Zechariah, and his mother's heroic escape to the hills of Judea that fill in the blanks about the "voice crying in the wilderness."

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