



JULY 2017

# ROOD REVIEW

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# LETTER FROM *Michael*

## YOU HAVE BEEN **SET FREE**

**T** rue freedom is in the Messiah. Yeshua frees us from sin and man-made religious laws and traditions. You are not bound by rote rituals, hollow ‘*Hail Marys*’, unreasonable rules, or confounding compromise. You have the gift of the Torah, the loving instructions from the Creator that light your path so you can always see him. You are free to love the Almighty with all your heart, soul, and mind — unencumbered by men who seek to gain power over you and control you.

There will always be those who will try to tell you that they stand between you and your Creator. They will tell you that you must serve them and their church and follow their rules and then you can know the Almighty. But you know better. You know that Yeshua said to “*call no man Rabbi*” because giving authority to men over your relationship with the Father enslaves you to the

will of others with ulterior motives and dreams of domination.

And then there are those who will tell you that true freedom means doing whatever feels good right now. The gospel of prosperity, pleasure, and permissiveness is rampant, but it is empty. Constant compromise and twisting of truth to serve one’s every momentary desire is not freedom, it’s reckless vanity. Devoid of truth and eternal significance, this “freedom” to do anything, as long as it feels good, is meaningless and leaves many at the end of their lives bereft of hope and unfulfilled.

The beauty of freedom in Messiah is that you get to choose him every day. You get to choose to love him by keeping his commandments. You get to choose to walk by the Spirit and hear his voice. When you are free in Messiah, you see



the fulfillment of the Almighty’s great plan and see yourself in it.

You answer to no one but Messiah, and it is he who has taken your sin and given you life in return. When we were facing death, he freed us to truly live. Unbound by the wages of sin, we are free to choose a life of meaning in him.

Shalom,

  
Michael Rood



The Ambassador Club consists of individuals whose desire to reach the world with the truth of Yeshua is a priority.

This unique club keeps A Rood Awakening! International broadcasting throughout the world on AngelOne, UpLift, HopeTV, Enlace, TBNEspana, OmegaTV, Hebrew Nation Radio, YouTube, and elsewhere online.

These club members made it possible for you to find the truth through A Rood Awakening! International. Their commitment of \$100 per month continues to make reaching the nations for YeHoVaH possible.

## HERE ARE A FEW TESTIMONIES OF HOW THE ALMIGHTY HAS CHANGED LIVES THROUGH THE AMBASSADOR CLUB:

*"I was on vacation in Iceland from Algeria when I found your ministry on television. I have always been Muslim until now, because now I know God. Thank you for saving me."*

Farid – Algeria

*"Praise YeHoVaH for the truth He has provided through your ministry. I am now living as Yeshua would have me live. I left the church and have never looked back."*

Jorge - Peru

*"I am a 46-year-old bishop vicar in the Catholic church with a PhD in Theology. Six years ago I discovered my Hebrew roots because of you. I will use my post to lead others to the truth of YeHoVaH."*

Vladimir - Slovakia



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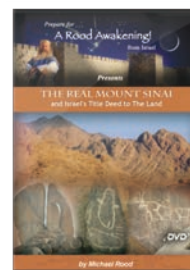
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## DAIRY CAN MAKE SUMMER ALLERGIES WORSE

**E**ven if you're not allergic to dairy during the rest of the year, dairy can become a problem if you have seasonal allergies to grass, pollen, etc. Here's how it works...

Consuming dairy produces phlegm in most children and adults; that's just a fact of being human, not of being allergic to dairy, necessarily. Phlegm is your body's way of collecting toxins and expelling them — and yes, dairy is a toxin. But *"I don't have toxins in my milk,"* you may say. *"I drink raw, organic milk from grass-fed cattle."* That's perfect...for a grass-fed calf!

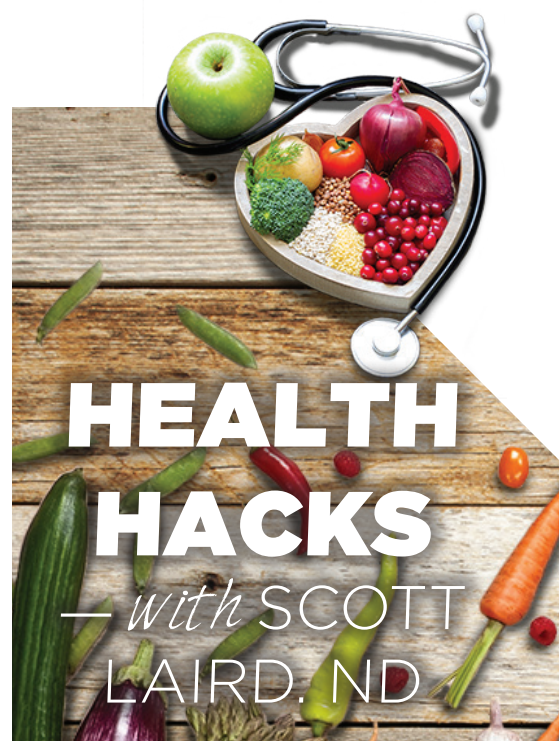
Unless you're a calf, your body is not designed to process the milk of a cow (or a dog, or a cat, or any other animal for that matter). Even the purest, most organic, so-called "hormone-free" dairy contains naturally occurring hormones that are intended to help a calf grow before it is weaned. This is because milk is a means for a baby to get hormones from its mother. So, what does that "hormone-free" label mean? It simply means that no **ADDITIONAL** hormones

have been injected into the cow; but naturally occurring hormones are definitely in the cow, and thus in the milk.

A weaned calf does not need milk anymore — and neither does a weaned human. In fact, your body's supply of the enzyme that breaks down the sugar in milk (lactase) practically disappears from the human body after weaning because it is no longer needed. Not to mention, if you keep your immune system preoccupied with fighting off foreign hormones from dairy, it may be incapable of helping you overcome even minor, pollen-induced allergies.

So, at least for the summer, try taking milk, cream, cheese, yogurt, and butter out of your diet. I think you'll be pleasantly surprised with your body's ability to overcome seasonal allergies.

Scott Laird, ND  
Director of Biblical Health Development



## HEALTH HACKS — with SCOTT LAIRD, ND



# MINISTRY MOMENT

## with Anny Reed

### MISSED BLESSINGS

A few years ago, I had an experience I will never forget. I was in a grocery store on the not-so-good part of town doing some light shopping. It was during a time in my life when I was just frustrated and angry. I was tired of being taken advantage of and frustrated that I continued to pour myself into things and people that felt like wasted effort. So, there I was standing in line to check out with all my bitterness, impatiently waiting for the person in front of me to finish.

I overheard him mention to the cashier that he needed to put items back as he didn't have enough money to pay for his groceries. I have always been a giver; that is how I was raised. My parents taught me that you give and you sow whether you have or not. I saw my parents skip a meal to feed others countless times. But I was just tired and angry that day and it took me a long while to convince myself that I needed to help this man in need.

Being my parent's daughter, even with my hesitation, I offered to pay for his groceries. The man began to thank me

profusely. When I noticed the cashier head to the case behind the register that held cigarettes, I began to think to myself, "Great. I just paid for a man's habit. Here I was thinking I was doing a kind gesture." I suddenly became bitter about my decision to pay for his groceries.

The Cambridge dictionary defines bitterness as showing or causing deep anger and pain. In that moment, that is all I felt. But the Father had a great lesson for me that day. After a few minutes the cashier returned, not with cigarettes, but baby formula. My heart sank. When did I become so judgmental and distrustful? Why had my mind gone into the worst-case scenario right away?

That day has forever changed who I am. We are to give — without question — because we do not know the needs of others. I could have withdrawn my offer to pay for his groceries but it would have taken away the blessing of pouring into someone's life.

We have a real enemy who wants to rob us of our blessings. He wants us angry



and bitter, callused and harsh. Let's recognize the root of this. And let's remember:

*"Greater is he who is in you than he who is in the world."* 1 John 4:4

I pray that this story encourages your walk with God. And I pray that He will continue to challenge you as you grow in faith and understanding. Let us always walk in love, kindness, and faith. I pray that this world does not shape us but we shape the world.

Anny

Anny Reed  
Director of Ministry Development

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# HOW TO START A FELLOWSHIP

## STEP #5 – WHAT ABOUT THE KIDS?

***“Train up a child in the way he should go, and when he is old he will not depart from it.”*** (Proverbs 22:6)

This proverb speaks volumes, especially in the generation that we currently live. We are living in a culture in which the norm has become all about distraction. If we can just distract the kids long enough so they stay out of the way, we can actually get something done. This mindset is completely disconnected from the original intentions that the Creator had in mind for the family unit.

### **WHAT ABOUT THE KIDS?**

This is the question that 99% of young families will ask when trying to decide whether they want to come to your fellowship. This is a legitimate question and one that you should be prepared to answer. As with many fellowships, there will be a wide range of ages when it comes to children, so you need to set expectations early in the game. This will make potential newcomers feel at ease about what to do with their children when they arrive at the fellowship for the first time.

### **INCLUDE THE CHILDREN IN THE DISCUSSION**

As you may know, modern churches today whisk the kids off to the kids wing of the

church the minute they walk through the door. Although this can be good for larger groups and/or congregations, smaller fellowships have the unique opportunity to include the children in the discussion by allowing the older kids to sit in on the discussions, listen, and interact. It is also important to find a place within earshot of the meeting where the younger kids can draw, color, or play with a toy quietly while still being able to hear the adults talking. Believe it or not, this will have a huge impact on the younger generation and will also help them learn how to be respectful and quiet in a small fellowship setting.

### **NOTHING IS EASY**

It will take some work and discipline to have a peaceful setting that includes children, however, that is what it means to train up a child in the way he should go. Establishing these expectations early on will build a solid foundation and create a constructive culture of learning for all ages



in your fellowship. Remember that every fellowship is different and you need to work out what is best for you. Keep up the good work!

Shalom,

Matthew Hall  
Director – Aviv Fellowships

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LIKE TO FIND  
A FELLOWSHIP OR  
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# THE CHRONOLOGICAL GOSPELS BIBLE

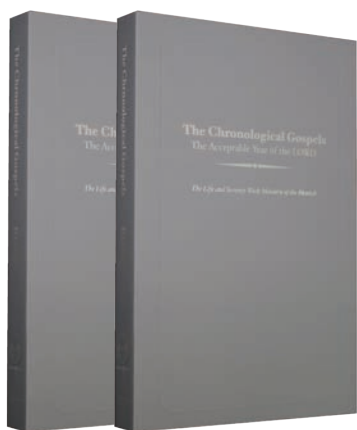
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# WHAT IS OUR FAITH SUPPOSED TO LOOK LIKE?

**C**hristianity today is NOT the same faith once delivered to the saints in the days of the Messiah! After centuries of misunderstandings and mistranslations, believers today have a misinterpreted faith:

- *What is our faith SUPPOSED to look like?*
- *What are we missing?*
- *How can we study the Word from a different perspective, restoring the roots of our faith?*

"The Time of the Gentiles" is a special teaching by Michael Rood, available ONLY in July, that explains HOW the meaning of today's faith in Messiah has been changed, WHO changed, WHEN, WHY, and WHAT you can do about it.

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